

ST. MARY OF THE VISITATION PARISH



16 Cooper Street,
Cambridge, Ontario N3C 2N2

519-658-4443

stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. David Reitzel, Pastor dreizel@hamiltondiocese.com

Rev. Mr. Jangho Hong, Deacon

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Melana Nam, Administrative Assistant

Mrs. Ruth Ann Milne, Office Assistant

SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.
Mass for children in Kindergarten to Grade 2*

WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting
Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-
658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St. Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by
completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Tuesday – Friday 15 minutes prior to Mass

Saturday 4:00 p.m. to 4:45 p.m. or
by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process
of preparing your child and family for this
Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date
of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David would be
most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

SEVENTEENTH SUNDAY IN ORDINARY TIME

Date	Time	Mass Intentions	Requested by
Tuesday, July 28	7:00 PM	+ Hugh Buchanan + Luigi Chiarot + Rafal Zarin Intentions of Katharine Van Beek	Susie Koenderink The Natalizio Family Veronica Zarin Chris O'Neill
Wednesday, July 29	8:00 AM	+ Maria de Freitas and Family	Carmen and Tony Chaves
Thursday, July 30	8:00 AM	+ Alexandre Perez Quintanilla	Veronica Zarin
Friday, July 31	8:00 AM	+ Paul Martinak	Erin Henderson
Saturday, August 1	5:00 PM	+ Lewis Coutinho + Paul Martinak + Randall Wilson Intentions of Claudia and Javier Intentions of Luis Eduardo and Luis Eduardo Jr.	Maria Mendonca Carol and Richard O'Brien Jaena Parada Javier Cristancho Javier Cristancho
Sunday, August 2	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	

Tuesday, August 4	7:00 PM	+ Frank Rizzuto Intentions of Kian and Roslyn Intentions of Chris O'Neill Intentions of Katharine Van Beek	Anna Altomare Javier Cristancho Susie Koenderink Pauline and Bob Ring
Wednesday, August 5	8:00 AM	+ The Amasol Family	Alice Amasol
Thursday, August 6	8:00 AM	Intentions of Deacon Jangho Hong	Catholic Women's League
Friday, August 7	8:00 AM	+ Anthony Melito	Ruth Ann Milne
Saturday, August 8	5:00 PM	+ Jose Augusto Chaves and Family Intentions of Gabriela Garcia Intentions of Jerry Sebastian Intentions of Claudia and Javier Intentions of Luis Eduardo and Luis Eduardo Jr.	Carmen and Tony Chaves The Garcia Family His Friends from St. Luke's Javier Cristancho Javier Cristancho
Sunday, August 9	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	



WELCOME TO ST. MARY OF THE VISITATION PARISH!

A special welcome to all new members and visitors! We encourage all new members to register with the parish. Please pick up a registration form at the church entrance or complete an online form:

<https://www.stmaryhespeler.ca/new-parishioners>

PARISH OFFICE SUMMER HOURS: Office hours for the months of July and August are **Monday to Thursday 9:00 am to 4:30 pm and Friday 9:00 am to 1:00 pm.**

PARISH OFFICE CLOSED: The parish office will be closed on **Monday, August 3rd.**



INTERESTED IN BECOMING CATHOLIC?

Are you or anyone you know interested in becoming Catholic? We would like to start the process of preparation come the Fall. If you have thought about being baptized or being received into the Church, please call or email the office to make an appointment with Father David.

SUMMER BULLETIN: Please note that bulletins will be published bi-weekly during the summer months. Bulletins will be distributed (electronic and printed) on the following dates: **July 26, August 9, August 23 and September 6.**

PARISH OFFERINGS

July 11/12, 2026

Sunday Envelopes: \$ 3,303.25

July 18/19, 2026

Sunday Envelopes: \$ 3,278.90

PRE-AUTHORIZED GIVING for JULY 2026

Sunday Offerings: \$ 5,442.00

Building Fund: \$ 1,110.00

Your continued financial support is greatly appreciated.



FRASSATI LEADERSHIP PROGRAM:

Calling all those entering Grade 10 in September 2026! Are you looking to grow in your faith? Do you want to explore what it means to be a Catholic leader? The Frassati Leadership Program may be for you. Join other Grade 10 Catholic leaders as we reflect on the foundations of Catholic leadership and foster opportunities for you to grow in your own faith and leadership skills. For more information and to register please visit:

<https://hamiltondiocese.com/office/pastoral-offices/youth-ministry/frassati/>.

YOUNG ADULTS NIGHT: Fr. John Ha invites young adults (ages 20s and 30s) of our diocese to attend an evening of prayer, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:30pm-7:30pm), social with food, vocations testimony, praise music, and Compline (9:00pm) on **Saturday, August 1st** at St. Catherine of Siena Church (620 Rymal Road E., Hamilton, ON). Sponsored by the Vocations Office of the Diocese of Hamilton. For more info contact:

vocations@hamiltondiocese.com or visit: <https://hamiltondiocese.com/vocations/>

MONTHLY PRO-LIFE PRAYER VIGIL:

Thursday, August 6th from 10:00 a.m. to 11:00 a.m. All are welcomed and urged to come out to pray. Please pray to end abortion and pray for the conversion of hearts. Where: Opposite Freeport Hospital - 3570 King St. E., Kitchener. Parking: Schneider Park (across the road). Thank you and God bless you. Contact: cmlamers@rogers.com or 519-742-9025.

MARRIAGE TIP OF THE MONTH: Couples are so busy today with their jobs, taking care of children and sometimes looking after elderly parents that time is very precious. Often what gets put on the back burner is time to focus on their marriage. All these responsibilities are much better managed with a healthy relationship, so taking time together has a positive impact all around. Schedule time for a coffee, a short or long walk, a chat at the end of the day, prayer, or dinner for two, anything that is just for the two of you. Your marriage matters — don't let making it a priority take a backseat to everything else on the to-do list!

THE KIDS BULLETIN: For a fun way for Catholic kids to learn about the Faith every week, visit: <https://thekidsbulletin.com/>



MONTHLY COLLECTION: Members of the St. Vincent de Paul Society will be collecting donations after all Masses this weekend. Envelopes are available for those who would like a tax receipt. Thank you for your continued support and generosity!

HAMILTON DIOCESE MARIAN DAYS: The Marian Days are celebrated on the first Saturday of each month starting in June and repeat 4 more times until October, at the Basilica of Our Lady Immaculate in Guelph, 28 Norfolk Street. The format starts at 9am with Holy Hour with morning Prayer and Confessions; 10am Benediction; 10:30am Holy Mass, followed by an outdoor Rosary Procession (weather permitting). Participants are welcome to bring their own lunch. Presiding on **August 1** - Cardinal Collins
September 5 - Bishop Lobsinger
October 3 - Bishop Dabrowski
For more information, please go to: www.basilicaofourlady.com/events/hamilton-diocese-marian-days

THE WORLD DAY FOR GRANDPARENTS AND THE ELDERLY: will be celebrated on Sunday, **July 26th, 2026**, close to the Feast of Saints Joachim and Anne, grandparents of Jesus. The theme for this year is: "I will never forget you" (Isaiah 49:15). Let us take this opportunity to honour grandparents and the elderly, recognizing them as a blessing and an important part of our faith communities. This day offers a wonderful opportunity for families to celebrate with their grandparents and/or elderly relatives and neighbours. Consider a picnic lunch, barbeque, or a Sundae Sunday in honour of the day so we can remind all elderly people how important they still are in our lives! For more information visit www.hamiltondiocese.com and see the link under upcoming events.

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beside Parklawn Cemetery

519-650-0190



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To learn more about your
Parish Knights of Council #4916

Contact

GK George Harris
519-621-3665

or

PGK Dan Schmalz
519-239-5003



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